



Practical Resilience Skills

A drama-based conflict resolution skills program for Years 5 -12

Students will develop **empathy and resilience** in relation to situations of stress, conflict and difference through the use of key drama practices; improvisation, role-play, ensemble, contextual understanding and characterisation. They will grow an understanding of human responses in diverse situations, and learn to **identify and use their inner strengths** to create positive change.

The program will grow stronger, more peaceful relationships in the classroom. Activities draw on Augusto Boal’s pedagogy of student-centred learning and self-reflection.

Format:

Cooperative improvised drama activities, individual and peer-learning, facilitated group discussion.

9 x 40min sessions, 32 students max



“Fish is an expert in his field, guiding students to take risks and experiment with new ways to share ideas and concerns.”
Julia Perkins, Drama Teacher, John Curtin College of the Arts

General Capabilities:



Critical and creative thinking



Personal and social capability



Ethical understanding



Intercultural understanding

Western Australian Curriculum Outcomes

Health and Physical Education: Communicating and interacting for health and well-being (ACPPS055), (ACPPS056), (ACPPS058), (ACPPS071), (ACPPS073), (ACPPS074), (ACPPS075), (ACPPS093), (ACPPS094), (ACPPS098).
Drama: Making (ACADRM035), (ACADRM036), (ACADRM036), (ACADRM037), (ACADRM042), (ACADRM043), (ACADRM042); Responding (ACADRR045).



About Creative Teams

Creative Teams Consulting is growing social and emotional wellbeing in schools by delivering deeply engaging drama-based experiential learning programs.

Experience:

James "Fish" Gill has a diverse background in creative education, theatre, music and experiential learning, delivering in-school and professional learning programs for the Department of Culture and the Arts, Barking Gecko Theatre Company, The Song Room, DADAA and Hypertheatre.

He presented on building engagement and resilience at the International Drama in Education Association conference in Hong Kong in 2007, and the Drama West State Conference in 2011. He will present at both Positive Schools and the Annual International Arts and Health Conference in 2017.

As a professional actor he has performed for Perth International Arts Festival, WA Opera, Artrage, Deckchair Theatre, Skylight Ensemble Theatre and Hypertheatre.

Cost:

- 1 session from \$385 (up to 60min)
- Half day session from \$770 (up to 3.5hrs)
- 9 x 40min sessions from \$2,420
- 1 Professional Learning session from \$770 (2.5hrs)

Other session formats tailored to suit your budget

Approach:

Creative Teams' programs are 'action learning' programs. Action learning is a process of learning through the development and practice of new mindsets and actions, rather than through traditional instruction or 'training'.

The action learning process leads to 'learning conversations' and thereby creates a 'learning team'. By increasing the learning capacity of the team as a whole and empowering each individual within it, action learning enables the transformation of team culture.

Participants engage intellectually, emotionally, physically, verbally and non-verbally, giving people the opportunity to contribute in a way that feels comfortable. Most importantly of all, there is a good deal of laughter that brings us together.



"I'm motivated in my work with teams by the pursuit of happiness and connection between people. I get to see people at their most generous, their most honest and their most free."

James Gill, Director, Creative Teams Consulting.